

MEET INFORMATION

USATF South Zone Youth Indoor Track and Field Championship

February 13, 2010



Carl Maddox Field House, LSU
Baton Rouge, LA

Meet Director: Byron Turner

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ENTRY INFORMATION AND INSTRUCTION

ELIGIBILITY: Open to any USATF registered athlete in the South Zone located within the following Associations: **Alabama, Florida, Georgia, Gulf, North Carolina, Potomac Valley South Carolina, South Texas, Southern, Southwest Texas, Tennessee, Virginia, West Texas** who falls within the age divisions listed below. The number of events an athlete may enter is based on USATF Junior Olympics limits; three events for Sub Bantam thru Midgets and four events four Youth thru Young. Athletes must be registered as 2010 members with USATF prior to participating. For membership information, go to (www.usatf.org/membership/application/). Proof of Birth (copy of birth certificate, driver's license, governments ID, or passport) must be submitted prior to meet registration to your membership chair or faxed to National Headquarters (Attn: Ashley Huxman) Fax Number: 317-261-0481. Please write your membership number on your proof of birth prior to submitting.

Entry Procedure

1. Online registration will be done on www.usatfsouthern.org. Entries closed at 11:59 PM EST on February 9th. Entries may be made as early as **Sunday, January 3rd**.
2. No Faxed, mailed or phoned entries will be accepted after the deadline.
3. Entry fees are **\$8.00** per event - **\$32.00** per relay.

PACKET PICKUP

Coaches can pick up their team's meet packet at check in area identified in Southwest Portal (athletes and coaches entrance) of the Field house at least 1 ½ hour prior to the start of the first event. Unattached athletes should collect their packets from same area during same time. Packets will include heat sheets, schedule, athlete and coaches wrist bands and bib numbers.

MEET ADMISSION

General Public Admission cost is **\$5.00**; Coaches and spectators with valid USATF Membership free

ATHLETE CHECK-IN

Running Events: Athletes must check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal).

Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge of that event at the event site.

Relay Events: Relay teams should check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal). Relay teams should pick up a relay card in the Clerking area, fill it out, and turn it in to the clerk of course.

AGE DIVISION

Age Divisions	Year of Birth
Sub-Bantam	2002 and later
Bantam	2000 – 2001
Midget	1998 – 1999
Youth	1996 – 1997
Intermediate	1994 – 1995
Young	1992 – 1993
* athletes born in 1991 are also eligible if they do not turn 19 on or before 8/1/2010	

IMPLEMENT INSPECTION

Throwing implements will be inspected in the Northwest Portal of the Field House. Inspections will begin 90 minutes prior to the event and conclude 30 minutes prior to the event. Implements will be transported to the event area one half hour prior to the event's starting time. Implements must be indoor implements only. Implements will be available for usage.

MEET SITE:

The Carl Maddox Field house is a 3,000-seat facility with a 200-meter tartan track. The lanes are 42" wide with 7 lanes on the oval and 10 for straightway races. The high jump area is Tartan and the long/triple jump and pole vault runways are rubber covered boards. The throwing circles are plywood.

AWARDS: USATF Indoor Zonal Medals: 1st thru 6th place. National Youth Chair is also providing \$1,000 travel grant to the winning boy's team and \$1,000 to the winning girl's team. More details will be provided at the meet.

RELAYS:

Athletes must be members of the same participating Club which is a current 2010 member, in 'good standing' with USATF. USATF relay dress code applies.

PROTEST:

All protest must be made in writing to the referee no later than 30 minutes after results of an event has been announced. Proper rule must be cited. Fee \$50.00, refunded if upheld/forfeited if denied.

SCORING:

Team scoring based on 10 pts (1st Place), 8 pts (2nd Place), 6 pts (3rd Place), 4 pts (4th Place) 2 pts (5th Place), 1 pts (6th Place) for any team member in all. Overall team awards will be presented.

WARMUPS

Running Events: Warm ups for all running events will be outside on Bernie Moore Track or the grass field outside the Northwest Portal of the Field house Field Events: Athletes will have access to field event venues for warm ups approximately 45 minutes prior to the scheduled start of competition. Warm ups for field events will be terminated ten minutes prior to the scheduled start of the event. In the high jump, measuring tapes may not be used within 30 minutes of starting time.

HOTEL

Contract Block Name is Under United Sates Track and Field and reservations must be made before February 1st.

Comfort Inn
4924 Constitution Avenue
Baton Rouge, LA 70808
Phone: 225-930-0600

Hampton Inn College
4646 Constitution Avenue
Baton Rouge, LA 70808
Phone: 225-926-9990

Comfort Suites Univ
3045 Valley Creek Road
Baton Rouge, LA 70808
Phone: 225-923-3377

Types: 20 Doubles/20 Kings
Price: \$84.00
Breakfast: Continental

25 Doubles
\$89.00
Continental

30 Doubles
\$79.00
Continental

DIRECTION

Coming from West on Interstate 10:

Take I-10 to the Nicholson Drive/Highland Road exit (Exit 155A). Keep right and turn right onto Terrace Street. Turn left onto Nicholson Drive and proceed 1.8 miles until reaching Skip Bertman Drive. Turn left and park next to Tiger Stadium. Alex Box Stadium is located just to the west and across Nicholson Drive from Tiger Stadium.

Coming from East on Interstate 10:

1) Take I-10 to Highland Road (La. 42, exit 166). Turn left onto Highland Road and proceed 10.5 miles until reaching Nicholson Drive Extension. Drive 0.9 miles until reaching Nicholson Drive (La. 30). Turn right onto Nicholson Drive and proceed 0.3 miles until reaching North Stadium Drive. Just past North Stadium Drive (and Tiger Stadium), you will see Bernie Moore Track Stadium. Turn right and park in front of Bernie Moore Stadium, or if necessary, return to Tiger Stadium for parking.

Or

2) Take I-10 to Acadian Thruway (La. 427, exit 157B). Turn left onto Acadian Thwy. and proceed 2.0 miles until reaching Highland Rd. (note that Acadian becomes Stanford Ave. and then LSU Ave.). Turn right onto Highland Road and proceed 0.4 miles until reaching Nicholson Drive (La. 30). Turn right onto Nicholson Drive and proceed 0.3 miles until reaching North Stadium Drive. Just past North Stadium Drive (and Tiger Stadium), you will see Bernie Moore Track Stadium. Turn right and park in front of Bernie Moore Stadium, or if necessary, return to Tiger Stadium for parking.

MEET SCHEDULE

RUNNING EVENTS

10:00 am

60m Hurdles (Finals)	Midget - Young
60m Dash (Semi)	All ages: Top 8 times
advance	
1500m Race Walk	Bantam - Youth
400m (Finals)	All ages
1600m (Final)	All ages
4x200 Relay	All ages
60m Dash (Final)	All ages
800m (Final)	All ages
200m (Final)	All ages
3200m (Final)	Midget - Young
4x400m Relay	All ages

Order of Field Events (Girls followed by Boys):

Shot Put - Sub Bantam, Bantam, Midget, Youth, Intermediate, Young
Long Jump – Young, Intermediate, Youth, Midget, Bantam, Sub-Bantam
High Jump – Bantam, Midget, Youth, Intermediate, Young
Triple Jump – Youth, Intermediate, Young
Pole Vault – Intermediate, Youth, Young

FIELD EVENTS

10:00 am

Shot Put
Long Jump
High Jump
Pole Vault
Triple Jump

NOTE: All Competitors in the long jump, triple jump and shot put will be given three attempts with the top six advancing to the finals.

All running events will be finals with heats against times.