



## 2011 USATF MIDWEST ZONE YOUTH INDOOR TRACK & FIELD CHAMPIONSHIPS GaREAT SPORTS COMPLEX

1822 South Broadway  
Geneva, OH. 44041

[www.gareat.org](http://www.gareat.org)

Sunday, February 20, 2011

**HOST:** Lake Erie Association

**ELIGABILITY:** Open to any USATF registered athlete that falls within the age divisions listed below. The number of events an athlete may enter is based on USATF Youth Competition Rule limits; three events for Sub Bantams thru Midgets and four events for Youth thru Young. Athletes must be registered as 2011 members with USATF prior to participating. For membership information, go to ([www.usatf.org/membership/application/](http://www.usatf.org/membership/application/)). Birth verification must be submitted prior to registration to your membership chair or faxed to the National Headquarters (*Attn: Ashley Huxman*) Fax Number: 1-800-833-1466. *It will be helpful to write your membership number on your proof of birth prior to submitting.*

**RELAY TEAMS:** To participate on a relay, all athletes must be current members of the same participating Club. All clubs must be a current 2011 member, in "good standing" with USATF. All athletes must be in the same age group of each club to compete (No move-ups). USATF relay dress code applies.

**AGE DIVISION:** Age divisions are determined by year of birth as of December 31, 2011

Sub Bantam 8 & U: 2003 and after

Bantam 9-10: 2002 – 2001

Midget 11-12: 2000 – 1999

Youth 13 – 14: 1998 – 1997

Intermediate 15-16: 1996 – 1995

Young 17 – 18: 1994 – 1993 and 1992 if date of birth is after July 31, 2011.

An athlete must compete in his/her age division only.

**ENTRY INFO:** Entry fee is \$6.00 per event - \$24.00 per relay. Entries can only be made *on-line at* [www.coacho.com](http://www.coacho.com) (Midwest Zone Meet). The online entry system is available beginning Wednesday January 12, 2011 and closes Friday, February 18, 2011 at 7:00PM.

**AWARDS:** USA National Youth Indoor Track & Field Championships, 1--6<sup>th</sup> place.

### **Marketing/Media:**

Watch tomorrow's elite athletes today! The 2011 USA National Youth Indoor Track & Field Championships will be webcast live! Don't miss your favorite athletes as they compete for individual and team championships.

**RULES:** In accordance with 2011 Competition Rule Book.

**EQUIPMENT:** Athletes must use the starting blocks and batons provided by the meet. Throwers can provide their own implements that must be certified prior to use.

**FACILITIES:** 300 Meter flat Beynon surface, eight lanes (10 lanes on straight away) FinishLynx timing. Concession stands open during meet. No tape decks, radios or glass containers allowed in the facility. Spikes are limited to 1/4 inch pyramid, No "Christmas Trees" or Pin spikes. This will be strictly enforced. Athletes will not be allowed to run with longer spikes.

**PACKET PICK-UP:** Team packets will be available at facility after 7:00 a.m.

**EVENT RESULTS:** During competition, event results will be posted at the track facility.

**PROTESTS:** There will be a \$100.00 fee for all protests. Protests must be submitted to the Protest Referee at once and no later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

**MEET DIRECTOR:** Larry Seifert Email: lns1955@att.net

## **THIS IS A USATF SANCTIONED MEET.**

**SPECTATOR FEE:** \$5.00; Admission is free for coaches with valid USATF Memberships with current background screening

Anyone 6 years and younger is free

## **NEW THIS YEAR!!!!**

## **USATF is hosting a National Youth Indoor Championship**

Athletes and Teams must compete in the Zonal Meets in order to qualify for the National Indoor Championship. The top six in each event/division will be eligible to compete in the USA National Youth Indoor Track & Field Championships March 12-13, Chicago, Illinois at Proviso West High School. Please go to [www.usatf.org](http://www.usatf.org) or [www.youthusatf.org](http://www.youthusatf.org) for additional information.

## **SCHEDULE OF EVENTS**

### **ORDER OF EVENTS**

Event Ages

3000M Run (11-18)

60M Hurdle (SEMI) (11-18) Top 8 times to Final

60M (SEMI) Top 8 times to Final

400M (Finals)

1500M Run (Finals)

4 x 200 Relay All ages

60M Hurdle (Finals)

60M (Finals)

800M (Finals) All ages

200M (Finals) All ages

**1500M Race Walk Bantam&Midget.**

4 x 400 Relay All ages

### **FIELD EVENTS**

Shot Put All ages

Long Jump All ages

High Jump (9-18)

Triple Jump (13-18)

Pole Vault (13-18)

### **FIELD EVENTS WILL BEGIN AT 9:00AM.**

#### **Order of field events:**

Shot Put – Sub-Bantam, Bantam, Midget, Youth, Intermediate, Young (Women followed by Men)

Long Jump – Young, Intermediate, Youth, Midget, Bantam, Sub-Bantam

High Jump – Bantam, Midget, Youth, Intermediate, Young

Triple Jump – Youth, Intermediate, Young

(Will follow the conclusion of LJ)

Pole Vault – Youth Girls, Intermediate, Young Women (followed by Boys)

**Only competing athletes and officials will be permitted on the track or infield area, except medical emergencies.**

**FIELD EVENTS:** All competitors in the long jump, triple jump, and shot put will be given three attempts with the top eight advancing to the finals.

**IMPLIMENT WEIGH-IN:** At the track one hour before the start of the meet.

**CHECK-IN:** Athletes in running events must report to the clerk of course, ready to compete. Field event athletes must report directly to their event. When an athlete is competing in a running event and a field event simultaneously, the athlete must check in at both events, tell the head referee that he/she is also running and must report back to the field event at the conclusion of the running event.

## **HOTEL INFORMATION**

### **Quail Hollow Resort**

11295 Quail Hollow Dr., Concord, OH 44077  
(440)350-3513

Estimated Driving Time: 20 Minutes

### **Hampton Inn**

2900 GH Dr.  
Austinburg, OH 44010  
(440)275-2000

brandy.conaway@hilton.com

Estimated Driving Time: 10 Minutes

### **Sleep Inn and Suites**

9350 Center Rd  
Austinburg, OH 44010  
(440)275-6800

Estimated Driving Time: 10 Minute

### **Holiday Inn Express**

1831 Austinburg Rd  
Austinburg, OH 44010  
(440) 275-2020

Estimated Driving Time: 6 Minutes

### **Comfort Inn**

1860 Austinburg Rd  
Austinburg, OH 44010  
(440)275-2711

Comfortinn.ashtabula@gmail.com

Estimated Driving Time: 6 Minutes

## **DIRECTIONS:**

### **From Cleveland:**

Go East on I-90. Exit off the Geneva Exit (Rt. 534). Take a left at the light heading north. GaREAT will be on your right hand side. The entrance to the sports complex is between Chops and Wendy's Restaurant.

### **From Erie:**

Go West on I-90. Exit off the Geneva Exit (Rt. 534). Take a right off the exit heading north. GaREAT will be on your right hand side. The entrance to the sports complex is between Chops and Wendy's Restaurant.

### **From Pittsburgh:**

Take PA Turnpike to OH Turnpike. Take first exit marked 680 towards Youngstown. The road will take you around Youngstown and then exit 680 onto Route 711 at exit 3a. Route 711 then turns into Route 11. Stay on Route 11 about 40 miles until you hit I-90 and take that west for two exits to the Geneva Exit (Rt. 534). Take a right off the exit heading north. GaREAT will be on your right hand side. The entrance to the sports complex is between Chops and Wendy's Restaurant.